

TCT



Total Commitment Training

It's hard to perform well without commitment. Whether it's at work on a new project or with a new team, starting a training course, finding employment or trying to reach a tough goal you've set for yourself – the starting point is true commitment.

TCT is a programme designed to work on your commitment mindset to increase readiness and prepare you for the challenge or journey ahead.

The programme focuses on the three Rs:

Relationships: Team work, communication, conflict resolution, leadership and co-operation

Resilience: Clarity of purpose, confidence, determination, self-control, addressing barriers and positive thinking

Reflection: Ambition, self-awareness, emotional control and transferred learning.

How is TCT delivered?

Face-to-face: The full TCT programme comprises 15 hours of interactive training and a 3 hour team task, which can be delivered over a period of 3 days or 9 x 2 hour sessions over several weeks.

Online: We can now offer crucial elements of the TCT programme via online, fully-facilitated, interactive learning. The sessions are usually taken in a programme of 4 or 6 x 75 minutes, however can be adapted to the needs of the group.

Train-the-Trainer

We can train and licence your staff in the full TCT programme, or the online TCT modules, which can then be delivered directly to your end users/service users.

Who is TCT for?

- Any team coming together to work on a new project or new strategy
- Existing teams embarking on a new phase or challenge
- Teams experiencing setbacks
- People preparing to enter traineeships/apprenticeships or training courses
- Unemployed individuals or families preparing for employment
- Anyone who wants a better chance of reaching a goal

What people said about the TCT course

“We have worked closely with PDP over the past 5 years. The most recent course has been through the TCT programme which our job-train staff team have benefited from. The impact of this training has been immediate: the feedback we received from job-train participants has been superb. As an organisation PDP are knowledgeable, informed, creative, original, innovative and in my opinion essential. Quite simply they are a vital ingredient which contributes to our ongoing success.”

Pete Alger, Director, Inspira



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